

# Naperville Gymnastics and Dance Academy

At Naperville Gymnastics and Dance Academy we provide top notch instruction encouraging each student to reach their full potential. Whether your child is interested in gymnastics, dance, cheerleading or "American Ninja Warrior" type acrobatics, we're the gym for you.

- Recreational Gymnastics
- Competitive USAG and Xcel
- Dance
- Competitive Cheer
- Ninja Warrior style classes
- Birthday Parties
- FULLY AIR -CONDITIONED

## Contact Us

Naperville Gymnastics Club  
800 Enterprise Ct. Naperville, IL 60563  
(630) 453-5658

**Class Refund policy:** Refunds given prior to start of session only.

**Camp Refund Policy:** Refunds given 7 days or more prior to start date.

**Naperville Gymnastics Club  
and Dance Academy is  
open all summer long for  
classes too!**

- ◆ Girls & Boys Recreational & Competitive Gymnastics
- ◆ Dance
- ◆ Ninja Warrior
- ◆ Adult Tumbling and Ninja Warrior
- ◆ Monday-Saturday Class Times

### Preschool Open Gym:

Monday & Wednesday: 12:00pm-1:00pm  
Friday: 2:00pm-3:00pm

\$6 Members, \$8 Non-members  
**Cash Only Please**

### All Ages Open Gym:

Saturday: 5:00pm-7:00pm  
Sunday: 5:30pm-7:30pm

\$10 Members, \$15 Non-members  
**Cash Only Please**

### Parents Night Out:

Includes open gym, snack and a movie!

Every Friday: 7:00pm-11:00pm  
Every 3rd Sat./month: 5:00pm-10:00pm

**\$20 per child, \$15 for 1st sibling, \$10 each  
additional sibling.**

**Register by phone, online or in person!**

**630-453-5658**

**[www.napervillegymnastics.com](http://www.napervillegymnastics.com)**



## 2017 Summer Camp Schedule



**NGC**

# Summer Camps

- ◆ **Gymnastics** (Boys & Girls)
- ◆ **Ninja** (Co-ed)
- ◆ **Tumbling** (Co-ed)
- ◆ **Cheer** (Week 1 & 2 only)



## Week 1: June 12—16

Monday-Thursday: 1:00pm-6:00pm  
Friday: 1:00pm-4:00pm

## Week 2: July 10-14

Monday-Thursday: 9:00am-2:00pm  
Friday: 9:00am-12:00pm

## Week 3: July 24-28

Monday-Thursday: 9:00am-2:00pm  
Friday: 9:00am-12:00pm

## Week 4: August 7-11

Monday-Thursday: 9:00am-2:00pm  
Friday: 9:00am-12:00pm

**Gymnastics Camp:** Campers divided by gender, age & ability. Curriculum will include all gymnastics apparatus, plus tumble track and trampoline along with strength and flexibility training.

**Ninja Camp:** Campers train to develop strength, self confidence and discipline maneuvering obstacle courses and working parkour tricking. Campers also train on our high ropes course, rock climbing wall, ninja trainer, zip line and trampolines. (3 hour option only)

**Cheer Camp:** Campers work on strength, flexibility, jumps, stunts, tumbling and cheers. Practice on spring floor, trampolines and tumble track. Age 8-17 (3 hour camp for age 5-7 offered week 2)

**Tumbling Camp:** Campers divided by age & ability. Curriculum includes use of spring floor, trampolines, tumble track and foam pit.

**Age 4-5: 3 hour camp only (9-12:00pm)**

**Age 6: Choose 3 or 5 hour camp**

**Age 7-17: 5 hour camp**

**Cost: \$265 (5 hour) \$185 (3 hour)**

- ◆ Campers bring lunch, snack, water, gym shoes and appropriate activity attire daily

**Registration by phone or online.**

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# Day Camps

Monday-Friday

Ages 4-15



**Dates Offered:** June: 5-9, 19-23, 26-30

July: 3, 5-7, 17-21, 31

August: 1-4, 14-18

**8 Hour Day Camp \$65**

(9:00am-5:00pm)

**4 Hour Day Camp \$36**

(9:00am-1:00pm or 1:00pm-5:00pm)

**Preregister multiple days for savings:**

2 days/week: 4 hrs. \$60      8 hrs. \$110

3 days/week: 4 hrs. \$85      8 hrs. \$145

4 days/week: 4 hrs. \$110      8 hrs. \$175

5 days/week: 4 hrs. \$125      8 hrs. \$210

**\*5 days/week for 2 weeks:\***

4 hrs. \$240      8 hrs. \$400

**At NGC Day Camp, every day is different!** 



**Campers will never tire of NGC day camp, because each day is filled with different activities! Every Day Camp will include a combination of gymnastics and/or ninja class, open gym, snack, crafts, outdoor time, and a movie. A great way to keep your kids moving this summer!**

- ◆ Campers bring lunch, snack, water, gym shoes and appropriate activity attire.

**Registration by phone or online.**

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# Friday Fun Camp

Games, open gym, crafts & more!



**2:00pm-4:00pm**



**Cost: Drop in: \$15/person**

**Pre-register: \$12/person**

**June: 9th: Hawaiian Luau**

Kick off summer with hula skirts, hula hooping and the limbo!

**16th: In the Big Top**

Juggling, jokes & tricks!

**23rd: NGC Ninja Warrior**

Obstacle courses, Ninja Trainer and rope climb oh my!

**30th: America the Beautiful**

Wear your red, white & blue!

**July: 7th: Wet & Wild**

Get wet in outdoor water fun!

**14th: Backwards Day**

Back rolls, back handsprings and back tucks

**21st: Court Sports**

Gymnastics and basketball!

**28th: NGC Ninja Warrior**

Obstacle courses, Ninja Trainer and rope climb oh my!

**August: 4th: Gymnastics Greats**

Mary Lou Retton, Nadia Comaneci and Simone Biles. Learn who they are and why they're great!

**11th: It's Hot!**

Cool off at the gym with water games and popsicles!



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