



# 2010 Flip'r Invitational Session Schedule

## Saturday, March 6th

### Session 1 | Level 4

Traditional Format

**Skyline, Naperville, X-Calibur, Hinsdale, South Suburban, Gym-Kinetics**

Check-In/Bar Sets: 8:00 am  
 Timed Warm-Ups: 8:25 am  
 March-In: 9:40 am  
 Compete: 9:50 am  
 Awards: 11:30 pm

### Session 2 | Level 5

Traditional Format

**Dreams, I-Power, Naperville, X-Calibur, Gym-Kinetics Firehouse, South Suburban, Palatine, Hinsdale**

Check-In: 12:30 pm  
 Timed Warm-Ups: 12:50 pm  
 March-In: 2:20 pm  
 Compete: 2:30 pm  
 Awards: 4:45 pm

### Session 3 | Levels 6 & 7

Modified Traditional

**Naperville, I-Power, Firehouse, Dreams, Lakeshore, Excel, Gym-Kinetics, Hinsdale**

Check-In: 5:30 pm  
 March-In: 5:50 pm  
 Warm Up/Compete: 6:00 pm  
 Awards: 9:15 pm

## Sunday, March 7th

### Session 4 | Level 5

Traditional Format

**AIMS, Gymkhana, Sterling, Olympia, Buffalo Grove, Oswego, Phenom, Excel**

Check-In/Bar Sets: 8:00 am  
 Timed Warm-Ups: 8:20 am  
 March-In: 9:50 am  
 Compete: 10:00 am  
 Awards: 12:15 pm

### Session 5 | Levels 8, 9 & 10

Modified Traditional/Warm-Up Compete

**Naperville, BIG, AISM, Olympia, I-Power, Buffalo Grove**

Check-In / Bar Sets / Stretch: 12:30 pm  
 March-In: 1:00 pm  
 Warm Up / Compete: 1:10 pm  
 Awards: 4:30 pm

### Session 6 | Level 4

Traditional Format

**AIMS, Oswego, Gymkhana, Sterling, Excel, Olympia, Phenom, Bartlett**

Check-In/Bar Sets: 5:00 pm  
 Timed Warm-Ups: 5:20 pm  
 March-In: 6:40 pm  
 Compete: 6:50 pm  
 Awards: 8:30 pm

